



March – Young Carers' Forum

Date: 26th March 2024
Attendees: 3 members of staff
8 young carers
Visitors: Cara M (NT Carers' Centre)

Discussion topic:

- **Young Carers' Forum Hoodies**

Ordered. They will be here before next forum session.

- **Drop in Sessions**

Carers' Centre staff will be offering drop in session at various locations during half term holidays. These sessions will be aimed at any young carer, they do not have to be registered with us. The sessions will offer support, a chance to meet other carers and staff, a small activity and give a break from their caring role. There is no booking on, the dates will be advertised via social media.

- **NTSCP Young Advisors Project Forum.**

All members of forum have been invited to partake in NTSCP Young Advisors Project Forum. This is a fantastic opportunity for forum members to contribute to on the following discussions:

Knife Crime – NTSCP forum are working with the Police and Crime Commissioner's Violence Reduction Unit to produce a child friendly version of the Offensive Weapon and Knife Crime Protocol for schools.

Priorities Survey – NTSCP Forum are working with a local company Clued Up Kids to design and implement a survey for middle and secondary schools and youth clubs to identify young people's safeguarding priorities. The survey will be interactive using IT technology and we are hoping it will be part of a PHSE lesson.

Kate will support members at the session which will take place at The Linskill Centre, North Shields 4:30pm- 6:00pm on Wednesday 24th April.

Forum members will receive a separate invite with full details of the event and consent form.

- **Carers Week 10th – 14th June 2024. The theme is 'Putting Carers on the Map'.**

Some of the ideas suggested were:

- A sports day for young carers.
- Painting then hiding rocks around NT for a treasure hunt that the public can also participate in.
- Interview / video to raise awareness of young carers
- White elephant / guaranteed raffle for young adult carers with wellbeing resources.
- Booklet full of poems / wellbeing ideas for young carers.

In addition to these ideas, staff will hold the following:

Drop in session/stalls in schools

Assemblies

Go along to other support services events/groups

- **Young Carers' in School**

Cara is part of North Tyneside Carers' Centre and has been working with schools throughout North Tyneside to make improvements to supporting and identifying young carers in school.

- She confirmed the schools involved and the need for the project following the survey from 2022.
- Cara asked for ideas which could be shared with schools to support carers through the project, some of the ideas were:
 - not making groups named around carers to avoid bullying
 - an email to ask for ideas and get support
 - nice staff members and a friendly environment.

Next session to be held: **Wednesday 24th April 2024**

Next discussion topics-

- Meet NTSCP forum and join in shared discussion

